



Forth View Care Home
Passionate about care



Balhousie Care Group
sharing your care

www.balhousiecare.co.uk

“ We have very friendly staff here,
they brighten up our day.”

Resident at Balhousie Forth View Care Home

Come in!

Make yourself at home

It's my pleasure to introduce myself, **Gordon Candlish**, and also to introduce you to the modern, purpose-built home at Forth View, where I am the Manager.



Thank you for your interest in our warm and welcoming home, designed with space and comfort in mind. Our care team provide an excellent level of care and support to residents promoting enablement and quality of life.

We offer single occupancy accommodation in 60 tastefully furnished bedrooms, each with a private en-suite bathroom.

All rooms can be decorated with personal furniture and mementos, making your new home unique and comfortable for you. There is also a telephone and television point in every room and many enjoy views of our beautiful gardens.

The great achievement, for me, is creating a home that focuses on residents and provides them with a warm, homely, secure and stimulating environment. With a friendly atmosphere, Forth View is an enjoyable environment in which to live and work.

I would welcome the opportunity to let you see our home for yourself, in a personal tour. To arrange a visit, or to find out more about the care we provide, please call 01592 716500 or email gordon.candlish@balhousiecare.co.uk.



“ Nice place to live,
I’m cared for and happy.”

Resident at Balhousie Forth View Care Home

Home from home

Forth View care home is a community of caring people – staff, residents and relatives alike – all working together to provide a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.

We aim to provide the flexibility and comfort you’ve enjoyed previously, but with the knowledge that, if and when you need support, you’re surrounded by professional and caring people.

My team provide a caring environment that respects your needs, while balancing this with opportunities to enjoy stimulating company and a wide range of activities.

Passionate about care and well-being

The prime focus for the entire team is creating a caring environment based on respect and dignity and providing a holistic approach to the individual care needs of each resident.

We understand that everyone is unique, with different likes;

dislikes; needs and wants. We therefore tailor our approach and service based entirely on each person. Before moving in, we’ll conduct an individual assessment of your needs and create; this is continually reviewed and re-assessed.

As well as any clinical needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

Activities

Events help improve overall physical strength and mental well-being which is why we encourage regular participation and offer activities suitable for all abilities. Seeing residents flourish as a result is an absolute joy to see.

Regular organised activities vary and can include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as arts and crafts, flower arranging, painting and card making; and games.

Events are always optional, but our dedicated activity champions help deliver a full calendar of structured and meaningful activities, which family and friends can also participate in, so there’s bound to be a lot that appeals.

Person-centred care

The most important aspect of care is the people who deliver it and I take pride in knowing that every member of my team is determined to deliver the best possible care and support, which promotes your independence whatever your needs.

Here at Balhousie Forth View, we can cater for the individual needs and requirements including residential and nursing care; and residents with particular needs associated with Alzheimer’s or dementia care.

Our residents are able to enjoy a modern, warm and happy atmosphere, while being looked after by a genuinely enthusiastic and caring team. My team is fully trained to meet the requirements of residents with specific care needs and undergo regular development programmes. Our approach is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

If you would like to discuss your care needs please contact me at gordon.candlish@balhousiecare.co.uk



Listening

Our open door policy promotes two-way communication: we are committed to listening to, and meeting the needs of our residents. We consult with them on menu choices, activities programmes and general home and service improvements.

Our chef prepares seasonal menus that cater for specific dietary requirements, delivering healthy and appealing meals that reflect nutritional needs and resident wants.

Keeping in touch

Balhouses Forth View offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to visit, participate in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve the enjoyment of all residents.

Our internet corner is very popular, and is ideal if your family live further afield. The team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

The community

Our approach of inclusion and community engagement helps provide an overall feeling of wellness and purpose for our residents. Working with others of all ages, supports our intergenerational activity and offers an opportunity for people to work together and enhance our resident's lives.

Residents have a choice of two spacious and relaxing lounges, two dining-rooms, as well as two more relaxed 'day' dining rooms that are also used regularly for special events and activities.





Methil

Methil's port played a vital role during World War II, as an export point for coal and other resources.

Today the town is becoming a hub for the burgeoning renewable energy businesses, with the local wind turbine replacing the previous coal power station as a local landmark. East Fife Football Club is close to the Forth View home.

Balhousesie Forth View Care Home

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