



Broughty Ferry

The Tay Valley, around Dundee, records more sunshine hours than any other area in Scotland, and in the warmer weather our residents enjoy sitting in the secure, enclosed and beautiful gardens, which feature a summer house and separate walled garden.

Moyness Care Home
Passionate about care

Balhouses Moyness Care Home

76 Grove Road, Broughty Ferry, Dundee, Angus DD5 1JP
tel: 01382 480899 email: enquiries@balhousescare.co.uk



Balhouses Care Group
sharing your care

www.balhousescare.co.uk



“ Staff listen
and are respectful.”
Resident at Balhousie Moyness Care Home

Come in!

Make yourself at home

It's my pleasure to introduce myself, **Fiona Jamieson**, and also to introduce you to our home at Moyness, where I am the Manager.



Thank you for your interest in our warm and welcoming home. Expertly updated to provide a spacious, relaxing and

comfortable environment, the home retains many of its impressive, original features. Here, our care team provide an excellent level of care and support to residents, promoting enablement and quality of life.

We offer single occupancy accommodation in 29 tastefully furnished bedrooms, each with an en-suite bathroom.

All rooms can be decorated with personal furniture and mementos, making your new home unique and comfortable for you. There are also telephone and television points in every room and many enjoy views over our beautiful gardens. Full lift access and wheelchair-friendly access make it easy to move around throughout the home.

The great achievement, for me, is creating a home that focuses on residents and provides them with a warm, homely, secure and stimulating environment. With a friendly atmosphere, Moyness is an enjoyable environment in which to live and work.

I would welcome the opportunity to let you see our home for yourself, in a personal tour.

To arrange a visit, or to find out more about the care we provide, please call 01382 480899 or email me fiona.jamieson@balhousiecare.co.uk

“ The part of the job I enjoy the most is the time I spend getting to know the resident, talking about their life and their achievements. It is not only interesting but very rewarding.”

Staff member at Balhousie Moyness Care Home

Person-centred care

The most important aspect of care is the people who deliver it and I take pride in knowing that every member of my team is determined to deliver the best possible care and support, which promotes your independence, whatever your needs.

Here at Balhousie Moyness, we can cater for the individual needs and requirements of those needing residential, nursing, respite and palliative care; and residents with particular needs associated with Alzheimer's and dementia care.

Our residents are able to enjoy a modern, warm and happy atmosphere, while being looked after by a genuinely enthusiastic and caring team. My team is fully trained to meet the requirements of residents with specific care needs and undergo regular development programmes. Our approach is to improve the quality of life for the resident and to reduce the natural worry, anxiety and concern of family and friends.

If you would like to discuss your care needs please contact me at fiona.jamieson@balhousiecare.co.uk



Home from home

Moyness care home is a community of caring people – staff, residents and relatives alike – all working together to provide a warm, compassionate and comforting environment. We know that it can be a big decision to leave somewhere that has been your home for many years, but the team here are passionate about making this your home from home.

We aim to provide the flexibility and comfort you've enjoyed previously, surrounded by stimulating company and a wide range of activities, but also with the knowledge that, if and when you need support, professional and caring people are here for you.

Passionate about care and well-being

The prime focus for the entire team is creating an environment based on respect and dignity and providing a holistic approach to individual care needs.

We understand that everyone is unique, with different likes; dislikes; needs and wants. We therefore tailor our approach and service based entirely on each person. Before moving in, we'll conduct an individual assessment and create

a care package that meets your needs; this is continually reviewed and re-assessed.

As well as any clinical needs, our review will also include learning about your existing hobbies and interests, and discussing new activities you may like to try.

Activities

Events, day trips and activities play a big part of life at Moyness. We always work with residents and staff to identify new activities that will appeal to people.

We often hold Zumba classes and weekly pet therapy and offer other activities suitable for all abilities. These vary and can include seated exercises, entertainment with regular shows, quizzes and concerts; hobbies, such as reading group, arts and crafts, flower arranging, painting and card making; and games.

We know that activities help improve overall physical strength and mental well-being which is why we have dedicated activity champions to help deliver a full calendar of meaningful activities, which family and friends can also participate in, so there's bound to be a lot that appeals.



Keeping in touch

Balhouses Moyness offers a safe and supported continuation of the lifestyle you have been used to enjoying, and we welcome and encourage visitors.

Family are always welcome to visit, participate in activities and can join you for lunch or an evening meal. They may be interested in joining our feedback group, where your experience can help us continually improve the enjoyment of all residents.

If your family live further afield, the internet is a popular way to stay in touch and our team is always happy to help you. We have residents whose family Skype regularly from overseas, and your friends and family can post videos and photographs at any time, which we'll always ensure you see. We'll also help you keep in contact by email, and provide regular updates via our quarterly newsletter.

Community and environment

Our approach of inclusion and community engagement helps provide an overall feeling of wellness and purpose for our residents. Working with others of all ages, supports our intergenerational activity and offers an opportunity for people to work together to enhance resident's lives.

Residents also have a choice of two spacious lounges and a large dining room where we can all gather together to enjoy meals. Our chef prepares seasonal menus that cater for your specific dietary requirements, delivering healthy, appealing and nutritious meals that reflect nutritional needs and resident wants.

Listening

Our open door policy promotes two-way communication:

We are committed to listening to, and meeting the needs of our residents. We consult with them on menu choices, activities programmes and general home and service improvements.

